



HARVEST OF THE MONTH Tangerines



Tangerine Facts

- Tangerines, also known as mandarins, are a type of citrus fruit. They are easier to peel compared to other citrus fruits and are sometimes called “easy peelers!”
- Tangerines are packed full of Vitamin C and fiber. One tangerine has half the vitamin C you need for the whole day!!!
- They also contain folate, beta-carotene, and Vitamins B1, 2, and 3.
- Tangerines are named after the city of Tangiers in Morocco.
- Tangerines grow on trees. A mature tree is usually between 15 and 20 feet tall.

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